

## **Mental Health and Wellbeing - how parents and carers are supported at Greenvale Primary School**

*Please see the school's Mental Health and Wellbeing policy for further details on our provision*

Support for all members of the school community is fundamental to the values and ethos at Greenvale Primary School. We believe our role is to support families to have good emotional health and wellbeing by offering the following opportunities to share and communicate with the following:

### **Class Teachers**

Teachers are available for you to speak to either in person or over the phone, for any concerns that parents and carers may have. It is vital that parents feel able to come forward with any concerns or questions that teachers can help with. To arrange a time that is suitable, please speak to teachers in person or make an appointment via the school office.

### **Teaching Assistants**

Our experienced staff recognise that some parents and carers may feel daunted when first approaching school with their concerns. They too, are a vital point of access for our families to discuss concerns and ask questions.

### **Family Link Worker**

Here to support and signpost parents and carers with all aspects of family life and sources of help on a range of issues. Is available for appointments and informal discussions.

### **Inclusions Manager (SENDCo)**

Here for the families of our SEND pupils and works closely with all staff to share communication and information from outside agencies.

### **Senior Leadership Team**

To establish the school ethos and pathways to ensure our parents and carers feel valued and respected. They are a presence to nurture positive relationships with parents and carers and will make the time to listen to and discuss their questions and concerns.