

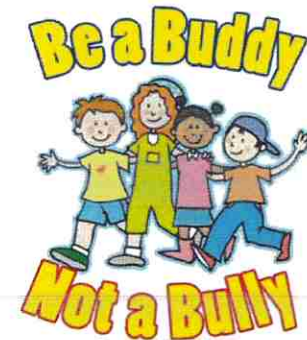
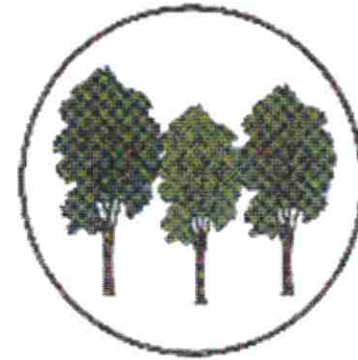
What can I do?

- Tell a teacher or an assistant
- Tell your parents or whoever looks after you
- Tell an adult you trust
- Tell a friend or someone on School Council
- There are lots of people who will want to help you



Start
Telling
Other
People

Greenvale Primary School



The children of Greenvale Primary School are confident bullying isn't a problem at our school. If however, you think somebody is being bullied, or you yourself are being bullied, speak out.

Who is a bully?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person on purpose. This behaviour is repeated frequently.

When is it bullying?

Sometimes we have an argument or fight with our friends, but is that bullying?

Several
Times
On
Purpose

IS BULLYING

Bullying is not a good thing and we treat bullying seriously and correctly. Bullying is when someone is hurting another child, verbally or physically. This is not only for one day it is frequently for a period of time.

What is Bullying?

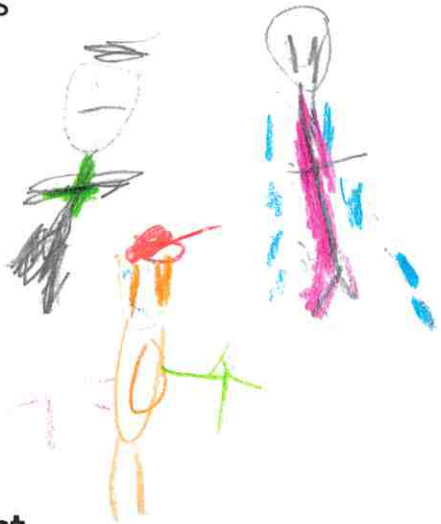
Physical

Hitting, kicking, taking belongings



Verbal

Name calling, insults, racist remarks



Cyber

Sending unkind text messages by phone or on the internet



Indirect

Threatening, spreading nasty stories, not letting someone join in with games

