



RELATIONSHIPS and SEX EDUCATION POLICY (RSE)

Statement of Intent

We define Relationships and Sex Education as the curriculum used to encompass many aspects of the Personal, Social, Health Education (PSHE) curriculum as well as contributing to promoting the spiritual, moral, cultural, mental and physical development of pupils. Our school policy on RSE is based on the Department for Education (DfE) Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019).

The DfE provides the following definition in its guidance updated July 2025 and valid to 31/8/2026:

‘To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.’

We aim to provide the basis for an ongoing programme of RSE that begins in Reception and continues through the school that will:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

It will reflect the school’s visions and aims to ‘Nurture, Inspire and Succeed’ which is based around our 6 Core Values:

- Respect
- Readiness
- Resourcefulness
- Responsibility
- Resilience
- Reflectiveness

The school’s approach to learning in Relationships and Sex Education is directly linked to the personal development, behaviour and welfare of our pupils and families by continuing to embed British Values and how they relate to daily life.

Relationships and Sex Education teaching will promote respect and tolerance for others as part of pupil’s spiritual, moral, social and cultural development at our school.

Please see our full RSE policy for further information