



Greenvale Primary School

Headteacher: Mrs A Allnutt

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Parent Copy

7th October 2022

Food Allergies

Dear Parents,

Food allergies are becoming increasingly common among children, and this year there are pupil(s) in school who have a severe allergy to nuts, eggs and strawberries– any exposure to these items, even a tiny amount, could potentially be very serious and life threatening for these children.

We do ask our pupils and families to help make the school environment safer for all students. Following the medical advice we have been given.

- Please avoid sending any foods that contain nuts, such as peanut butter or Nutella sandwiches, muesli or health bars with nuts, to school with your child.
- Please avoid eggs, mainly uncooked eggs.
- Please avoid strawberries, including strawberry jelly or strawberry flavoured food and drinks.
- Please avoid tomatoes, including any items that may contain tomato puree.
- Please always contact the classroom teacher *before* sending any food for sharing with the class for special celebrations like birthdays, Easter or Christmas.
- Please remind your child to never share his / her food and drinks with other children.
- Please wash your child's face and hands thoroughly before they leave home, especially if your child has eaten nuts / allergens prior to coming to school.
- Please remind your child often to wash their hands before and after eating.
- We must also remind you that children are to bring water bottles to school daily for the classroom which must contain ONLY water, not juices/squash. If your child will be having packed lunches, they can have a small bottle of squash in their packed lunch bag but not strawberry flavoured.

We greatly appreciate your support for children with food allergies. Together we can make a difference.

Thank you for helping to support our school community.

Kind regards

Mrs Allnutt
Headteacher

